

THOT
NUTRITION

Produced in
Japan



Assembled in
Romania



No. 1
Worldwide



THOT LEPTIN RX

Silhouette



Thot Leptin Rx represents a breakthrough in the realm of weight management. Based on more than 30 years of experience in nutrition, biohacking and antiaging, and a meticulously crafted blend of **18 natural active ingredients**, this dietary supplement represents a paradigm shift in the area of weight loss and brain optimization.

Unlike conventional approaches that focus solely on removing the excess fat or modifying the mechanisms that lead to fat accumulation, Thot Leptin Rx targets the true root cause: ***miscommunication within the body - between cells and the brain.*** In other words: the problem is not you, nor your diet or the fat on your hips and belly. The problem is not the way your cells or your organs work - all of these are the consequence of the faulty communication within your body!

Thot Leptin Rx is the only supplement on the market that covers all the mechanisms involved in weight management in just one capsule.

The Japanese companies we collaborate with were ranked in 2022 on the 1st and 2nd place in the World in the production of essential amino acids, which places our product in the 1st place in the World in the Essential Amino Acids segment.

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What THOT LEPTIN RX is?

Thot Leptin Rx is specifically formulated to address leptin resistance and promote effective weight loss, utilizing a combination of **18 active ingredients** with scientifically proven efficacy in fat accumulation.

Thot Leptin Rx has a unique formula, based on more than three decades of experience in nutrition. **The 18 active ingredients are:** amino acids, minerals, special carbohydrates and a very effective mix of plants and spices.



The uniqueness of **Thot Leptin Rx** lies in taking the conventional weight management approaches to the next level of understanding.

Rather than viewing weight gain as a cellular or organ-centric issue, the attention moves on the intercellular and brain-body communication obstacles.

By shifting the focus to this mechanism, **Thot Leptin Rx** changes the current weight loss paradigm and opens a door to new possibilities in weight loss research and practice and encourages new pathways to be explored and used to obtain and prolong health and wellness, in a holistic and integrative way.



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What is THOT LEPTIN RX recommended for?

Thot Leptin Rx restores the energy balance in your body and helps you burn excess fat through three main mechanisms:



It targets leptin resistance - which often makes it hard to lose weight, by helping the brain and the body become more sensitive to leptin, also known as “the satiety hormone”.



It boosts the body's fat-burning processes, making metabolism work better and faster. The more energy you have, the more fat you burn.



Most importantly, **it restores and improves the energy for the communication pathways between the brain and the body**, and between all cells, which promotes overall well-being.

How does LEPTIN RX work?

Leptin is a hormone which regulates appetite and metabolism. Leptin is produced mainly by fat cells and plays a crucial role in regulating appetite, metabolism, and energy balance.

When functioning correctly, **leptin** signals to the brain that the body has had enough to eat, that the body has stored enough energy and that it is ok to stop eating. Leptin is “the satiety hormone” and it reduces appetite.

The complementary hormone is called “ghrelin” and it is known as “**the hunger hormone**”, as it signals to the brain that the body needs to eat, thus stimulating appetite. Ghrelin is a hormone primarily produced by cells in the stomach and pancreas and it typically rises before meals and decreases after eating.

This hormone stimulates the release of growth hormone from the pituitary gland and activates brain regions that control appetite.

Basically, together, **leptin and ghrelin** maintain energy homeostasis and optimize metabolism in the body.

However, things are not always happening by the book. When you are hungry, your body produces **ghrelin** and tells your brain that **you need food**. When you are full, you tell your **brain** to **stop asking for food**, because you’ve already eaten. The biggest problem is that **the receptors in the brain are blocked by other substances that do not allow the combustion mechanism within your body to function as it should**, and that's where **Thot Leptin Rx** comes in.

THOT LEPTIN RX

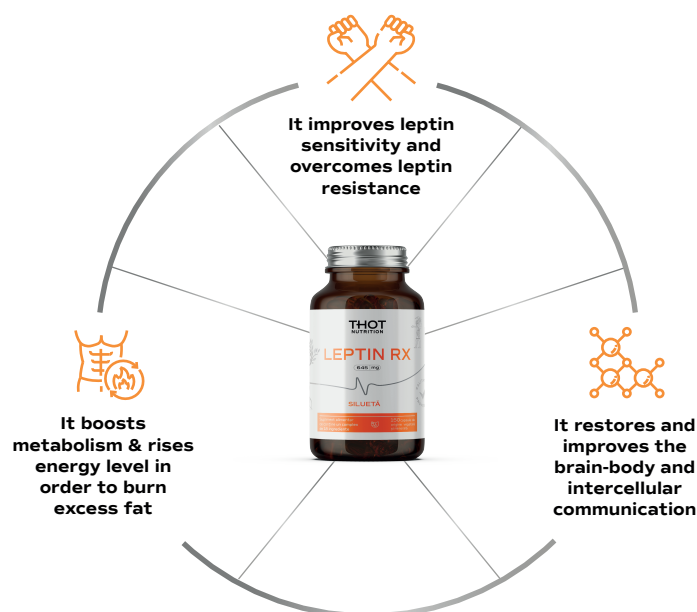
Benefits



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Thot Leptin Rx is formulated to help improve the body's natural metabolic functions and to help overweight and obese people burn excess fat. This is achieved through 3 basic and vital mechanisms:



Overall, through all these mechanisms, Thot Leptin Rx contributes to the normal metabolism of carbohydrates, fatty acids, and macronutrients, as well as to normal protein synthesis, acid-base balance, and energy metabolism.

Thot Leptin Rx's complex and unique formulation holds and approaches multiple aspects and mechanisms of weight management and metabolic health and offers a holistic approach to achieving and maintaining an ideal and healthy weight.

Ingredients:

One bottle of THOT LEPTIN RX contains 150  capsules LEPTIN RX (645 mg/capsule).

Usage:

The diagnosis of leptin resistance can be made clinically. It is important to note that eating habits can influence leptin resistance and may differ from person to person. As a result, adult dosages differ based on needs.



Adults:

Adults: **4-6**/day right before or during main meals

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Why is THOT LEPTIN RX so special?

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You can only feel with your body. There isn't any other instrument outside of your body. The body doesn't lie. But, if your body is numbed and silenced for too long, can you trust it then? This is why it is so important, first and foremost, to restore the receptors and the communication within the body. Now you can feel it and trust it. Now you can feel and trust yourself again. Now you can choose for real.



What is leptin resistance and how do you know you have it?



In individuals with **leptin resistance**, the brain does not receive the signal from leptin, leading to increased hunger, reduced metabolism, and difficulty losing weight. So, although the body has enough stored energy, the **brain is in a permanent state of hunger**.

Scientists have studied this mechanism for years now. However, it is one of the mechanisms that needs further studies in order to be completely understood. One of the mechanisms involved is related to the leptin receptors – either they are dirty/defective or their regulation is not done properly. **Restoring leptin receptors involves both cleaning the receptors and repairing them.**

Leptin resistance often goes hand in hand with insulin resistance, another metabolic condition where the body's cells become less responsive to insulin, a hormone that regulates blood sugar levels, by allowing the glucose to enter the cell. Insulin resistance can lead to high blood sugar levels, which, over time, can increase the risk of type 2 diabetes and other health problems.

You can only feel your body. Learn more about Thot Leptin Rx, a world premiere formula by nutritionist and biohacker Gabriel Pesa aka Bralgei Shackry, on: <https://thotnutrition.com/thot-leptin-rx-the-eloquent-solution-to-losing-weight-in-2024-world-premiere-formula/>.

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The magic THOT LEPTIN RX triagle

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Nootropic, enhances memory, boosts perception, and improves mental clarity. It helps in weight loss while improving leptin sensitivity.

**Acetyl-L-Carnitine
HCL**

The “longevity molecule”. It is an antioxidant, an anti-glycating agent, also an anti-aging peptide.

L-Carnosine

A "conditional" amino acid. In the first step of the leptine resistance, monosodium glutamate is starting to inhibit natural production of the taurine. Helps with obesity.

L-Taurine

D-Ribose

A sugar molecule, a component of ribonucleotides from which RNA is constructed. Compound that contributes to weight loss.

L-glutamic acid

Neurotransmitter involved in signaling satiety to the brain, active in cognitive functions such as learning and memory.

**Leptin Rx
optimization**

1

L-Cysteine

Impacts obesity, it's involved in the regulation of insulin sensitivity and glucose metabolism and weight regulation.

**L-Lysine
monohydrochloride**

Important in both immunological and metabolic pathways, including the synthesis of metabolic enzymes, and may regulate the balance between energy storage and expenditure.

2

**Burning booster and
Metabolic enhancers**

3

Energy support



Ginger root extract

Popular spice and a medicinal herb. Helps remove fat through feces, and reduces the activity of genes linked to fat synthesis and inflammation.

Black pepper extract

Piperine inhibits the differentiation of fat cells, offering a potential treatment for obesity-related conditions. black pepper extract has stronger effects.

Glycine

Improves several aspects of metabolic syndrome, which includes diabetes, obesity, hyperlipidemia and hypertension.

L-Glutamine

Patients with obesity or diabetes show altered glutamine metabolism, including decreases in glutamine. It is a precursor of glutamate and GABA neurotransmitters in the brain.

Cayenne pepper extract

Limits energy intake. Linkely to reduce fat mass in overweight and obese individuals. Prevention in hunger enhances satiety, energy expenditure and fat oxidation.

Garlic extract

Its sulfur-containing components on obesity and metabolic syndrome. compounds from garlic demonstrate an anti-obesity effect.

Ascorbic acid

Offers benefits for obesity-related issues. Regulates fat burning in fat cells, releases stress hormones, regulates sugar metabolism,including leptin secretion and reduces inflammation.

Black currant extract

Reduces inflammation and inhibits lipid accumulation in adipocytes. It has as an antioxidant effect, lowers cholesterol and improves metabolic functions and increases fat oxidation.

**Green coffee bean
extract**

Contributes to weight loss. Has positive effects on high systolic blood pressure, elevated fasting blood glucose, insulin resistance, and abdominal obesity.

**Garcinia cambogia
extract**

Rises serotonin levels, which is a neurotransmitter in the body that helps with feeling good and communication. By this mechanism it might help in lowering appetite, which aids in weight loss

Zinc oxide

Influences gene transcription, cell signaling, enzyme function, and regulates metabolism and brain activity. Important in body weight management in overweight or obesity.

**“In other words, we
are fighting fire
with fire!”**



Bralgei Shackry

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